

Distinguishing reflux from CMPA

Reflux	CMPA
Recurrent vomiting (up to 2hrs after feeding)	Recurrent vomiting (up to 2hrs after feeding)
Frequent crying, irritability or back arching during or after feeding, feed refusal	Frequent crying, irritability or back arching during or after feeding, feed refusal
Dysphagia, frequent choking after feed	Dysphagia, frequent choking after feed
Sleeping difficulties	Sleeping difficulties
Faltering growth	Faltering growth
Stridor, hoarseness	Stridor, Hoarseness (immediate onset only)
Reflux oesophagitis	Eosinophilic oesophagitis (rare)
Epigastric pain, heartburn	Abdominal distention, bloating
Sinusitis, recurrent otitis media	Nasal congestion, runny nose
More settled when upright	Positioning makes little difference
Bronchitis, recurrent aspiration pneumonia	Atopic conditions
	Projectile vomiting
	Diarrhoea or constipation, offensive stools, mucus or blood in stools